Week 7	-1	Games Year 3			
	Theme	Unit			
1.	Block 1	Invasion (Ball Skills, Passing, And Receiving) - Lesson 1			
2.		Invasion (Ball Skills, Passing, And Receiving) - Lesson 2			
3.		Invasion (Ball Skills, Passing, And Receiving) - Lesson 3			
4.		Invasion (Ball Skills, Passing, And Receiving) - Lesson 4			
5.		Invasion (Ball Skills, Passing, And Receiving) - Lesson 5			
6.		Invasion (Ball Skills, Passing, And Receiving) - Lesson 6			
7.		Team Building			
8.	Block 2	Creative Games - Lesson 1			
9.		Creative Games - Lesson 2			
10.		Creative Games - Lesson 3			
11.		Creative Games - Lesson 4			
12.		Creative Games - Lesson 5			
13.		Creative Games - Lesson 6			
14.		Team Building			
15.		Team Building			
16.	Block 3	Net & Wall - Lesson 1			
17.		Net & Wall - Lesson 2			
18.		Net & Wall - Lesson 3			
19.		Net & Wall - Lesson 4			
20.		Net & Wall - Lesson 5			
21.		Net & Wall - Lesson 6			
22.		Team Building			
23.		Team Building			
24.	Block 4	Striking & Fielding - Lesson 1			
25.		Striking & Fielding - Lesson 2			
26.		Striking & Fielding - Lesson 3			
27.		Striking & Fielding - Lesson 4			
28.		Striking & Fielding - Lesson 5			
29.		Striking & Fielding - Lesson 6			
30.		Team Building			
31.		Team Building			
32.		Athletics - Lesson 1			
33.		Athletics - Lesson 2			
34.	Block 5	Athletics - Lesson 3			
35.		Athletics - Lesson 4			
36.		Athletics - Lesson 5			
37.		Athletics - Lesson 6			
38.		Team Building			
39.		Team Building			

PE Year 3			
Week	Theme	Unit	
1.	Block 1	Gymnastics (Stretching, Curling & Arching) - Lesson 1	
2.		Gymnastics (Stretching, Curling & Arching) - Lesson 2	
3.		Gymnastics (Stretching, Curling & Arching) - Lesson 3	
4.		Gymnastics (Stretching, Curling & Arching) - Lesson 4	
5.		Gymnastics (Stretching, Curling & Arching) - Lesson 5	
6.		Gymnastics (Stretching, Curling & Arching) - Lesson 6	
7.		Fitness	
8.	Block 2	Dance 1 - Lesson 1	
9.		Dance 1 - Lesson 2	
10.		Dance 1 - Lesson 3	
11.		Dance 1 - Lesson 4	
12.		Dance 1 - Lesson 5	
13.		Dance 1 - Lesson 6	
14.		Fitness	
15.		Fitness	
16.	Block 3	Gymnastics (Pathways) - Lesson 1	
17.		Gymnastics (Pathways) - Lesson 2	
18.		Gymnastics (Pathways) - Lesson 3	
19.		Gymnastics (Pathways) - Lesson 4	
20.		Gymnastics (Pathways) - Lesson 5	
21.		Gymnastics (Pathways) - Lesson 6	
22.		Fitness	
23.		Fitness	
24.	Block 4	Dance 2 - Lesson 1	
25.		Dance 2 - Lesson 2	
26.		Dance 2 - Lesson 3	
27.		Dance 2 - Lesson 4	
28.		Dance 2 - Lesson 5	
29.		Dance 2 - Lesson 6	
30.		Fitness	
31.		Fitness	
32.		Gymnastics (Travelling with a change of front and direction) - Lesson 1	
33.		Gymnastics (Travelling with a change of front and direction) - Lesson 2	
34.	Block 5	Gymnastics (Travelling with a change of front and direction) - Lesson 3	
35.		Gymnastics (Travelling with a change of front and direction) - Lesson 4	
36.		Gymnastics (Travelling with a change of front and direction) - Lesson 5	
37.		Gymnastics (Travelling with a change of front and direction) - Lesson 6	
38.		Fitness	
39.		Fitness	