

Games Year 5

Week	Theme	Unit
1.	Block 1	Invasion Games (Implement & Kicking) - Lesson 1
2.		Invasion Games (Implement & Kicking) - Lesson 2
3.		Invasion Games (Implement & Kicking) - Lesson 3
4.		Invasion Games (Implement & Kicking) - Lesson 4
5.		Invasion Games (Implement & Kicking) - Lesson 5
6.		Invasion Games (Implement & Kicking) - Lesson 6
7.		Team Building
8.	Block 2	Invasion & Target - Lesson 1
9.		Invasion & Target - Lesson 2
10.		Invasion & Target - Lesson 3
11.		Invasion & Target - Lesson 4
12.		Invasion & Target - Lesson 5
13.		Invasion & Target - Lesson 6
14.		Team Building
15.	Team Building	
16.	Block 3	Net & Wall - Lesson 1
17.		Net & Wall - Lesson 2
18.		Net & Wall - Lesson 3
19.		Net & Wall - Lesson 4
20.		Net & Wall - Lesson 5
21.		Net & Wall - Lesson 6
22.		Team Building
23.	Team Building	
24.	Block 4	Striking & Fielding - Lesson 1
25.		Striking & Fielding - Lesson 2
26.		Striking & Fielding - Lesson 3
27.		Striking & Fielding - Lesson 4
28.		Striking & Fielding - Lesson 5
29.		Striking & Fielding - Lesson 6
30.		Team Building
31.	Team Building	
32.	Block 5	Athletics - Lesson 1
33.		Athletics - Lesson 2
34.		Athletics - Lesson 3
35.		Athletics - Lesson 4
36.		Athletics - Lesson 5
37.		Athletics - Lesson 6
38.		Team Building
39.	Team Building	

PE Year 5

Week	Theme	Unit
1.	Block 1	Gymnastics (Bridges) - Lesson 1
2.		Gymnastics (Bridges) - Lesson 2
3.		Gymnastics (Bridges) - Lesson 3
4.		Gymnastics (Bridges) - Lesson 4
5.		Gymnastics (Bridges) - Lesson 5
6.		Gymnastics (Bridges) - Lesson 6
7.		Fitness
8.	Block 2	Dance 1 - Lesson 1
9.		Dance 1 - Lesson 2
10.		Dance 1 - Lesson 3
11.		Dance 1 - Lesson 4
12.		Dance 1 - Lesson 5
13.		Dance 1 - Lesson 6
14.		Fitness
15.	Fitness	
16.	Block 3	Gymnastics (Flight) - Lesson 1
17.		Gymnastics (Flight) - Lesson 2
18.		Gymnastics (Flight) - Lesson 3
19.		Gymnastics (Flight) - Lesson 4
20.		Gymnastics (Flight) - Lesson 5
21.		Gymnastics (Flight) - Lesson 6
22.		Fitness
23.	Fitness	
24.	Block 4	Dance 2 - Lesson 1
25.		Dance 2 - Lesson 2
26.		Dance 2 - Lesson 3
27.		Dance 2 - Lesson 4
28.		Dance 2 - Lesson 5
29.		Dance 2 - Lesson 6
30.		Fitness
31.	Fitness	
32.	Block 5	Gymnastics (Functional use of the limbs) - Lesson 1
33.		Gymnastics (Functional use of the limbs) - Lesson 2
34.		Gymnastics (Functional use of the limbs) - Lesson 3
35.		Gymnastics (Functional use of the limbs) - Lesson 4
36.		Gymnastics (Functional use of the limbs) - Lesson 5
37.		Gymnastics (Functional use of the limbs) - Lesson 6
38.		Fitness
39.	Fitness	